



Steakhouse Menu



STEAKHOUSE OPENING TIMES

11am – 2pm | 5pm – 8:30pm

Redlands Sporting Club | Anson Road, Wellington Point | www.redlandssportingclub.com.au

Find us on socials @RedlandsSportingClub | 3207 1133 | social@rsc.asn.au

To Share

	LYRA	NM
Garlic Herb Bread (V)	6.0	6.6
Bacon & Cheese Bread	7.0	7.7
Roma Tomato & Basil Bruschetta (V) Classic Bruschetta with Roma tomatoes, Spanish onion, fresh basil, olive oil and balsamic glaze	9.0	9.9
Soup of the day Served with a fresh bread roll	Small 7.5 Large 9.0	8.3 10.0
BBQ Pork Spring Rolls	15.0	16.7
Vegetable Spring Rolls (V) Served with chili lime sauce	14.0	15.5
Garlic Prawns Garlic marinated prawns, steamed Jasmine rice and crispy bread	16.0	17.8
Szechuan Squid (GFO) Hand crusted squid with rocket salad and lemon aioli	15.0	16.7
Buffalo Chicken Wings (GFO) Served with Buttermilk ranch dressing and celery	15.0	16.7
Share Platter for 2 (GFO) Buffalo wings, BBQ Pork Spring rolls and Szechuan squid served with dipping sauces and lime	22.0	24.4

Favourites

	LYRA	NM
Crispy Squid and Glass Noodle Salad (GF) Served with wombok, carrot, Vietnamese mint and a sticky soy glaze	20.0	22.0
Grilled Chicken Breast Salad (GF) Served with carrot, baby spinach, feta, rocket and lemon vinaigrette	21.5	23.9
Red wine Braised Beef Cheeks (GF) Slow cooked beef cheeks, potato croquette, tomato and olive salsa	25.5	28.3
Pork Belly Porchetta (GF) Crispy Italian Rolled Pork, creamy mash, baby spinach and apple cider jus	25.5	28.3
Moroccan Spiced Chicken (GF) Spiced chicken breast, sweet potato wedges, chive aioli and garden greens	25.5	28.3
Marinated Chicken, Mushroom & Bacon Risotto (GF) Served with baby spinach and parmesan	21.5	23.9
Mushroom Bourguignon (GF/V) Cooked field mushrooms with thyme and rosemary, sauteed greens and creamy potato puree	21.5	23.9
Grilled Barramundi Fillet (GF) Roasted root vegetables, macadamia pesto aioli and chervil	29.5	32.8
Atlantic Salmon Fillet (GF) Grilled salmon with fennel salt, sweet potato mash, broccolini, caper butter sauce and crispy kale	29.5	32.8
Chicken Carbonara Fettuccine Marinated chicken, bacon, mushroom and pasta in a creamy garlic sauce with parmesan	21.5	23.9

The Classics

		LYRA	NM
Chicken Schnitzel	Small	14.0	15.5
Premium chicken breast, thick-cut chips and tossed salad leaves	Large	21.5	23.9
Chicken Parmigiana	Small	16.0	17.8
Premium chicken breast schnitzel, Napoli sauce, ham and cheese, served with thick-cut chips and tossed salad leaves	Large	23.5	26.1
Fisherman's Catch		25.5	28.3
Battered Flathead, Prawns and crumbed calamari served with thick-cut chips, tossed salad leaves and tartare sauce			
Crumbed Flathead	Small	14.0	15.5
Crumbed flathead fillets, thick-cut chips, tossed salad leaves and tartare sauce	Large	23.5	26.1
Thai Beef Salad (GF)		21.5	23.9
Soy marinated rump, tomato, cucumber, Spanish onion, vermicelli noodles, spring onion and Thai dressing topped with cashews			
Beer Battered Flathead Fillets	Small	14.0	15.5
Battered Flathead, thick-cut chips, tossed salad leaves, tartare sauce and lemon	Large	23.5	26.1
Bangers and Mash (GF)		14.5	16.1
Thick pork and parsley sausages, creamy mash, steamed vegetables and gravy			
Grilled Hoki Fillets (GFO)		14.5	16.1
Grilled Hoki, thick-cut chips, tossed salad leaves, tartare sauce and lemon			

Desserts

	LYRA	NM
Rich Pecan Chocolate Brownie	11.0	12.2
Served with vanilla bean ice cream and rich chocolate sauce		
Passionfruit creme brulee (GFO)	11.0	12.2
Served with vanilla bean shortbread		
Sticky date pudding	11.0	12.2
Served with butterscotch sauce and ice cream		
Warm apple pie	11.0	12.2
Served with cream and vanilla fairy floss		

From the Grill

Our steak is 100% naturally grown, free-range and hormone, chemical and antibiotic free. We source our beef from cattle raised in Australia's most pristine farming country.

ALL STEAKS ARE GLUTEN-FREE

		LYRA	NM
RUMP	200gm	25.5	28.3
Beef City Platinum 120-day Grain Fed	300gm	31.5	35.0
SCOTCH FILLET	250gm	33.3	37.0
Royal Angus 70-day Grain Fed			
NY SIRLOIN	300gm	33.3	37.0
Black Angus 150-day Grain Fed			
FILLET MIGNON	150gm	23.5	26.1
Jack Best Pasture Fed Beef Tenderloin			
EYE FLLET	220gm	35.6	39.5
Jack Best Pasture Fed Beef Tenderloin			

ALL STEAKS COME WITH YOUR CHOICE OF TWO SIDES

Choice of two sides (GF)

- Steakhouse Chips (GFO)
- Garden Salad
- Mashed Potato
- Seasonal Vegetables



Select one sauce (GF)

- Mushroom
- Diane
- Pepper
- Hollandaise
- Garlic Cream
- Gravy

Steak Add-Ons



	LYRA	NM
Beer Battered Onion Rings	5.0	5.5
Panko Calamari Rings	5.0	5.5
Garlic Cream Prawns (GF)	5.0	5.5

SIDES (GF)



	LYRA	NM
Steamed Vegetables	4.0	4.4
Thick-cut chips	5.0	5.5
Roast Vegetables	4.0	4.4
Mashed Potato	5.0	5.5
Garden Salad	5.0	5.5
Housemade Sauces	2.0	2.2

Choose from creamy mushroom, three peppercorn, gravy, Diane sauce, garlic aioli or hollandaise

Burgers

GLUTEN FREE BUNS ARE AVAILABLE ON REQUEST +\$2

	LYRA	NM
Simply Redlands (GFO) 100% Beef pattie, American cheese, lettuce, tomato, aioli and relish	18.0	20.0
RSC Cheese & Bacon (GFO) 100% Beef pattie, crispy bacon, American cheese, house mayo, dill pickle and salad	18.0	20.0
The Taxidriver (GFO) 100% beef pattie, American cheese, onion rings, Cajun relish, chipotle mayo, dill pickle and salad	19.0	21.1
Chicken, Avo & Bacon Crispy chicken, avocado, crispy bacon, house mayo and relish	18.0	20.0
Rocket Man Crispy chicken, hot habanero jam, jalapenos, baconnaisse, garden greens and paprika onions	19.0	21.1
The Empire State Burger Beef pattie, chicken schnitzel, bacon, crispy onions, double cheese, lettuce, RSC sauce and relish	23.2	25.8
Vegan Burger (V, VG) Lentil pattie, vegan aioli, garden greens, pickle relish and balsamic onions	19.0	21.1

Pizza

ALL ON 12" BASES | 10" GLUTEN-FREE BASES AVAILABLE +\$1.50

	LYRA	NM
BBQ Chicken Oven-roasted chicken, fire-roasted red pepper strips, baby spinach, red onion, cashews, BBQ sauce with cheese	23.5	26.1
Meat Lovers Salami, bacon, ham, pepperoni, onion, shallots, BBQ sauce with cheese	23.5	26.1
Supreme Mushroom, pepperoni, red peppers, olives, shredded ham, Spanish onion, Napoli sauce with cheese	23.5	26.1
Buffalo Chicken Marinated chicken, spring onion, mozzarella and Frank's hot sauce	23.5	26.1
Hawaiian Shredded ham, pineapple, onion, Napoli sauce with cheese	19.5	21.6
Vego Delight (V) Roasted peppers, mushroom, baby spinach, Spanish onion, Napoli sauce with cheese	19.5	21.6

Tiger Cub Menu

	LYRA	NM
Meal Only	11.0	12.2
Meal with Drink	13.0	14.4
Meal with Drink & Ice cream	15.0	16.6
<i>Mini Redlands Burger</i> Beef, cheese, aioli and BBQ sauce		
<i>Nuggets & Chips</i>		
<i>Crumbed Fish & Chips</i>		
<i>Battered Fish & Chips</i>		
<i>Linguine Bolognese</i>		
<i>Make your own Taco (GF)</i>		
<i>Creamy Bacon & Chive Linguine</i>		
<i>8" Pizza</i> Hawaiian, Ham and Cheese or Margarita (V)		

Lunch

	LYRA	NM
Soft Shell Fried Chicken Tacos Soft shell tacos with fried chicken tenders, sweet and sour slaw, sweet chili mayo and guacamole	13.5	15.0
Spinach and Goats Cheese Salad (V, GF) Baby leaf spinach, cinnamon-rubbed goats cheese, cherry tomatoes, sliced red onions, candied pecan and balsamic vinaigrette	13.5	15.0
Gourmet Steak Sandwich Caramelised onion, cheese, bacon, egg, beetroot, lettuce, tomato, BBQ sauce and thick cut chips	13.5	15.0
Club BLT Bacon, cos lettuce, tomato, BBQ sauce, aioli and thick-cut chips	13.5	15.0
Crumbed Whiting Fillets Served with garden salad, chips, lemon and tartare sauce	13.5	15.0
Crumbed Prawn Cutlets Served with garden salad, chips, lemon and tartare sauce	13.5	15.0

Nightly Specials

CLUB STEAKHOUSE

Monday | \$12 /M Curry Night

Every Monday our talented Chefs serve a choice of three traditional curries served with basmati rice, poppadums, raita and home-made chutney.



Tuesday | 50% Off Night

Purchase two Main Meals on Tuesday Nights, and receive 50% off the lesser valued item.



Wednesday | \$12 /M Schnitty Night

Enjoy our Chicken Schnitzel with chips and salad on Wednesday Nights, and choose a topper (Parmigiana, Hawaiian or Meatlovers) for only \$2 more.



Thursday | From \$15/M Steak Night

200gm Rump Beef-City Platinum (GF) \$15 /M
250gm Sirloin Beef-City Platinum (GF) \$20 /M

CHOICE OF TWO SIDES:

Steakhouse Chips, Garden Salad (GF), Mashed Potato (GF) and Seasonal Vegetables (GF)

CHOOSE ONE SAUCE:

Mushroom, Diane (GF), Pepper (GF), Hollandaise (GF), Garlic Cream (GF) Gravy (AGF)



Sunday Favourites | Available Lunch & Dinner

HOUSE MADE BEEF RISSOLES \$15.0 /M

Served with garlic mash, butter green beans and gravy

ROAST BEEF \$15.0 /M

Served with all the trimmings

SLOW COOKED BEEF GOULASH \$15.0 /M

Served with roasted vegetables and crusty bread

PORK AND PARSLEY SAUSAGES \$15.0 /M

Served with mash, peas and onion gravy

GF: Gluten-Free | AGF: Available Gluten-Free

LYRA is Base Members Price. Non-Members incur a 10% surcharge.

Soft Drinks & Juices

	LYRA	NM
Soft Drink - Post Mix	3.5	3.9
<i>Coke, Coke Zero, Ginger Ale, Fanta, Sprite, Lift</i>		
Soft Drink Bottle	4.5	5.0
<i>Coke, Coke Zero, Ginger Ale, Fanta, Classic Lemonade, Ginger Beer, Tonic Water, Soda Water</i>		
Lemon Lime & Bitter	4.6	5.1
Juices	4.1	4.5
<i>Orange, Pineapple, Apple</i>		

Shakes

Milkshake	5.5	6.1
Thickshake	7.0	7.8

Banana, Caramel, Chocolate, Coffee, Strawberry, Lime & Vanilla

Smoothies

<i>Pash'n Shoot, Big 5, Berry Go Round, Coco Loco, Strawberry Split</i>	7.5	8.4
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Mocktails

Orange Sunrise	7.0	7.8
<i>Lemonade, Orange juice, Raspberry & Orange</i>		
Pineapple Splice	7.0	7.8
<i>Soda, Pineapple juice, Lime cordial & Pineapple</i>		
Juicy Julep	7.0	7.8
<i>Pineapple Juice, Orange Juice, Ginger Ale, Lime & Mint</i>		
Redlands Spider	8.0	8.9
<i>Coca Cola / Fanta / Sprite / Ice cream, Whipped Cream, Sprinkles & Wafer</i>		